

*If you ever felt squeamish about buying spices just for a teaspoon needed... then making your own spice mixes will rectify that. And using this Adobo mix surely will be worth your while.*

### ***Adobo Seasoning Mix***

*1/3 cup garlic powder*

*1/3 cup salt*

*1/4 cup each of oregano, turmeric, onion powder*

*3 Tbsp pepper*

*2 tsp paprika*

*1 Tbsp chili powder*

*1 teaspoon ground cumin seeds, optional*

*Add all ingredients to an air tight container. Shake well. Store for months in an airtight container. This recipe will yield for approximately 2 cups.*

#### *Nutritional Content Information*

*Servings 10*

*Calories 56*

*Protein 2g*

*Carbs 13g*

*Fat 1g*

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